



Instructions for patients undergoing a Laser treatment of Varicose Veins

The night before:

- Do not worry, have a good sleep, you made the right decision and the right choice.

Before the Procedure:

- Have only liquids for breakfast, no solid food
- Use all your usual medications except any pills for diabetes (if you use any)
- Have a shower before coming to the clinic making sure to clean both feet and all toes properly.
- Do not apply any products on the skin of thighs and legs

During the Procedure:

- You will enter the treatment room and given privacy to change into a disposable underwear and gown.
- You will be placed on the treatment bed and the nurse will clean the treatment area -one or two lower limbs- as needed by a cleansing solution that will kill almost all bacteria on your legs skin.
- All what you are going to feel during the procedure is a couple of very fine needle stick that is barely perceptible or painful.
- When Laser is being fired, you will hear the beeping of the Laser machine confirming the Laser emission.
- You might occasionally feel some taste in your mouth and that is perfectly normal.
- The procedure usually takes 15-30 minutes per leg depending on the amount of veins that need to be treated.
- After completing the procedure, your legs will be cleansed again to remove any traces of any fluids or blood.
- Small dressing might be applied on needle entry points, those dressing might get slightly stained later on but this is not of any importance.
- You will be able to walk away immediately, and you will have minimal discomfort.
- We do not recommend that you drive yourself to and off the treatment.